

Ref. No: MRV/IQAC/2025-26/36

Date: 12-03-2026

CIRCULAR

Subject: One-Day Seminar on “Stress Management and Emotional Stability”

All are cordially invited to attend a **One-Day Seminar on “Stress Management and Emotional Stability”**, organized by our Medical and Dental institutions under the aegis of the University. The program aims to promote mental well-being, emotional balance, and resilience among students and faculty members.

The seminar will be delivered by **Dr. Santosh Gupta, MBBS, MD – Neuroradiologist, Published Researcher, Author, and Student of Vedanta**, who will share valuable insights on managing stress and maintaining emotional stability in academic and professional life.

Program Schedule

Medical Colleges Session

Date: 14th March 2026 (Saturday)

Time: 10:30 AM – 12:30 PM

Venue: CME Lecture Gallery, 3rd Floor, Malla Reddy Hospital, Hyderabad

Dental Colleges Session

Date: 14th March 2026 (Saturday)

Time: 02:00 PM – 04:00 PM

Venue: Malla Reddy Dental College for Women Auditorium

We kindly request you to attend the program and encourage faculty members and students from your respective institutions to actively participate. (University)

Copy to:

1. Hon'ble Chancellor, Malla Reddy Vishwavidyapeeth
2. Hon'ble Vice Chancellor, Malla Reddy Vishwavidyapeeth
3. Registrar, Malla Reddy Vishwavidyapeeth
4. Deans/ Principals/ Directors/ of all Constituent Colleges/Schools of Eminence, Malla Reddy Vishwavidyapeeth
5. IQAC Coordinators of all Constituent Colleges/Schools of Eminence

S. Vamsi Krishna
12/3/26
IQAC Coordinator

IQAC Coordinator
MALLA REDDY VISHWAVIDYAPEETH
(Deemed to be University)